

IMEC (Marie Cobel) with "Friends"
August 18, 1984

Session 9: Reality is Focus

Original Question: Were you on the Earth plane?

Summary: Friends discuss how reality is created and how our choices form our own reality.

Extended Summary: Were you on the Earth plane? Only through a channel. When you wish to go to other realities you have to search. An energy is produced like anxiety that becomes lodged in consciousness. Any consciousness that enters another plane it influences; it becomes attractive or a compelling force. Earth entities become a mixture of several realities they influence. So, a consciousness can become a part of several realities. The predominate reality is where they have their focus. When an entity from our plane enters the Earth plane, they become attached to the Earth reality. If you believe that there is life after death, then it is real because the consciousness creates it to be. It exists because it is a thought created reality. Your entrance into any reality is an expressed desire. When you do not agree with a reality it does not exist for you. When is the agreement made? It is made by your attraction because it will make sense to you. If you deny the idea of reincarnation, then you will not find that reality. Multiple realities exist because they are willed into existence. You will find the one that is true for your belief. When an entity becomes aware of another reality, they can observe it and see the entities there and become one of them in order to know, to experience that life. But you might forget where you came from. Each individual has energies that distract. It causes them to not focus. It can be influenced then it may lose its way. It will stay in that reality not because it has desire to stay but because of the influences. So, it is trapped by influences not by choice. When a human has an experience, it is because they allowed the influence. Planes of reality exchange energy. Each is attempting to attract and hold energy to their reality. When entities make an agreement, they create a reality.

Report by Daniel Erickson

Extended summary by S. Solomon